



# LUNCH MENU

## 1ST 4 WEEK SESSION

JULY 2022

Mon	Tue	Wed	Thu	Fri
		6/29 <b>Baked Chicken Nuggets with Rice &amp; Applesauce</b>	6/30 <b>Breakfast 4 Lunch &amp; Fresh Fruit</b>	7/1 <b>Grilled Cheese with Salad &amp; Chocolate Pudding</b>
7/4  <b>CAMP CLOSED</b>	7/5 <b>Baked Chicken Nuggets with Rice &amp; Applesauce</b>	7/6 <b>Pizza with salad &amp; Fresh Fruit</b>	7/7 <b>Hot Dogs with Tater Tots, Pickles &amp; Fresh Fruit</b>	7/8 <b>Meatball Hero with Salad &amp; Fresh Fruit</b>
7/11 <b>CHEESE QUESADILLAS CHIPS WITH SALSA &amp; FRESH FRUIT</b>	7/12 <b>Pizza with salad &amp; Fresh Fruit</b>	7/13 <b>Breakfast 4 Lunch &amp; Fresh Fruit</b>	7/14 <b>Baked Chicken Nuggets with Rice &amp; Applesauce</b> 	7/15 <b>Hot Dogs with Tater Tots, Pickles &amp; Fresh Fruit</b> 
7/18 <b>Pizza with salad &amp; Fresh Fruit</b>	7/19 <b>Breakfast 4 Lunch &amp; Fresh Fruit</b>	7/20 <b>chicken patty sandwich &amp; APPLESauce</b>	7/21 <b>Grilled Cheese with Salad &amp; Chocolate Pudding</b>	7/22 <b>PASTA WITH SALAD &amp; FRESH FRUIT</b>
7/25 <b>Baked Chicken Nuggets with Rice &amp; Applesauce</b>	7/26 <b>TACOS WITH SALSA &amp; FRESH FRUIT</b>	<p>Yogurt and assorted sandwiches will be available as substitutes. Fresh fruit will be served whenever available. Ice cream or ices will be offered every afternoon at snack time. When specified foods are unavailable, appropriate substitutions will be made.</p>		